

CORE GOLF WINTER PROGRAMS



Instruction takes place at **The STUDIO**, a CORE Golf exclusive practice facility located in Deerfield.

Programs Start Week of November 2nd

2009 Illinois PGA Junior Golf leader runner - up
2008 Illinois PGA TEACHER OF THE YEAR
3 time nominee IPGA Teacher of the Year and Junior Golf Leader

Elite program: *This program is designed for the most serious junior golfer and those that desire to play college golf.*

- Four (4) month winter program
- **30 minute** weekly private lesson (12 lessons)
- Saturday afternoon group training sessions 1:30 -3:30 (see schedule below)
- Designed for the top high school players in Illinois
- Limited to **TOP 10 CORE Golf Students** (based on playing ability, age, commitment to the game)
- **Priority scheduling of weekly lessons**
- Sports Psychology training session plus 1 customized session with Dr. Jeff Fishbein (\$300 value)
- Personal Training with Flexor Training System presented by Brett Packee, certified (pending) Flexor trainer (\$300 value)
- Two (2) Custom built wedges or Putter by Mizuno (\$250 value)
- **Instructor: PGA Professional Brett Packee**

Elite Program: 1795

Varsity: *Designed for juniors playing high school golf or top juniors still in junior high.*

- Four (4) month winter program
- **30 minute** weekly private lesson (12 lessons)
- Full swing and short game instruction
- Saturday training sessions Dec 12 and Feb 20 (see varsity schedule below)
- **Additional services** can be added to this program (see Al la Carte menu)
- **Instructor: PGA Professional Brett Packee**

Varsity Program: 975

SATURDAY ELITE SCHEDULE 1:30 - 3:30

Sat Nov 7th: WEDGE Class - Receive 2 custom built wedges by Mizuno and get fit for lie/ loft and yardages

Sat Nov 14th: Fitness class using Flexor Swing Performance

Sat Dec 5th: Sports Psychology class (please bring completed questionnaire with you)

Sat Jan 9th: PURE PUTTING using Tomi and video

Sat Jan 30th: Fitness class and assessment with Flexor

Sat Feb 6th: Club repair day, learn about swing weight, changing lies and lofts, re-gripping, shortening and lengthening

Sat Feb 13th: Tournament prep and PUTTING TOURNAMENT

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SATURDAY VARSITY SCHEDULE 1:30- 3:30

Sat Dec 12th: Clubhead speed and fitting. Lies and lofts adjusted as needed .

Sat Feb 20th: Tournament planning and prep

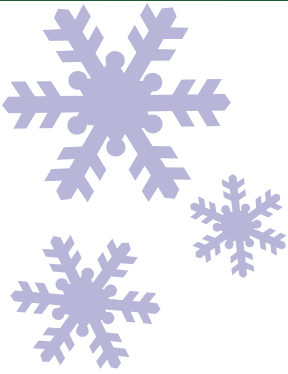
To register please call 847.573.8190 or email bpackee@coregolf.com

Space is limited!





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JV PROGRAM: *Designed for those wanting to play high school golf and receive a better overall understanding of the game.*

- Four (4) month winter program
- **30 minute** weekly private lesson (12 lessons)
- Full swing and short game instruction
- Wednesday, Friday appointments only
- Designed for JV and Varsity level players
- **Additional services** can be added to this program (see Al la Carte menu)
- **Instructor(s): PGA Professionals TBD**

JV Program 650

A La Carte Menu: *Designed to give a customized feel to winter training*

- Junior package (6) six 20 minute lessons with Brett Packee \$295 (perfect for juniors ages 12 and under)
- Flexor Personal training system (\$295 includes equipment and 6 mos on-line training)
- Sports Psychology sessions with Dr. Jeffery Fishbein (call for pricing)
- Club Fitting using the new Mizuno Shaft DNA system \$125 (can be applied toward any retail purchases over the next 6 months)
- Lies and lofts fitted and adjusted \$150
- Tournament planning meeting (contact Brett for pricing)

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